

A 3-step framework to **pressure-test** your interview answers before the real room

WHY THIS GUIDE EXISTS

I've watched brilliant people lose offers they should have won.

Not because they weren't good enough. Because no one ever showed them how to prove it. I've spent 9+ years on the hiring side of the table, and the same strong candidates trip on the same three things every single time.

This guide is those three things, and exactly how to fix each one before it counts. No theory, no fluff. Just the checks I'd run on you if we prepped together.

Yuliia

HY People

TEST ONE

01

The 90 Second Stopwatch Test

METHOD

Pick your biggest career win. Hit record on your phone and tell the story out loud. Then watch the clock. If you're two minutes in and still setting the scene, you're burying the good part.



TEST TWO

02

The "Hostile Stakeholder" Follow-Up

Don't just prep your clean story.

ASK YOURSELF

"If a skeptical CFO heard this, what would they poke holes in?"

FOR EXAMPLE

"Why did this take 6 months?"

"Why didn't you use an off-the-shelf tool instead of building it?"

If you fall apart the second someone breaks your flow, you weren't having a conversation, you were reciting a script. Interviewers can always tell the difference.

TEST THREE

03

The Blind Summary Test

Tell your answer to someone who has no idea what you do. A friend, your flatmate, anyone. Then ask them to say it back: what problem did you solve, who did you have to win over, and how did it end?

If they can't summarize back to you:

- a what problem you solved
- b who you persuaded
- c the business results in one sentence

Then your answer is too deep in the weeds. The interviewer won't ask for a translation. They'll just move on.

ONE LAST THING

You can't debrief your own blind spots.

Run all three and you'll catch some cracks yourself. But the ones that cost you the offer are the ones you can't see.

That's what the Interview Simulator is for: a real interview, then the honest breakdown a recruiter would never give you to your face. What to **KEEP**, what to **CHANGE**, what's **MISSING**.

[Book your simulation →](#)



About Yuliia

9+ years in HR and Talent Acquisition. 2,000+ hires across 20+ countries, from a startup's first senior hire to leadership roles at companies like Semrush. Now I help candidates win the interviews that change everything.

HY People · Interview prep, from the other side of the table.